**High School Diploma**

Adult learners may earn high school diploma credits by taking academic and vocational courses according to a diploma plan consisting of at least 45 class hours per credit.

Adult learners may earn a High School Equivalency Certificate by completing the HiSET™ preparatory and testing programs. All HiSET™ testing participants must complete a preparatory course consisting of a minimum of twenty-four hours. This course includes completing the Intake process, a standardized reading test and the HiSET™ official pretests. Adult learners who show success on the pretests may then make arrangements for completing the HiSET™ tests themselves. These tests are given in the curriculum areas of English Language Arts, Mathematics, Reading, Science and Social Studies. A high school equivalency certificate will be issued upon successful completion of the entire testing battery.

Adult learners participating in the HiSET™ process will be completing testing using a paper/pencil format. However, the testing process shall become computer based over the winter. As a result, learners will have to make appointments for HiSET™ testing twenty-four hours in advance of the test. Tests cannot be administered on the same day due to electronic inventory procedures.

**Adult Basic Education**

This program offers individualized and small group instruction in reading, writing, spelling, math, science, history, and life skills.

**ESL** — The English as a Second Language Program offers tutoring to students whose native language is not English.

**College Preparation**

Several activities offer support services, preparatory courses and assistance to help adults transition to post-secondary education.

**Vocational Courses**

Courses in this area provide instruction in theory, safety, and technical training to help develop or strengthen job-related skills.

**General Courses**

Each adult education program offers personal enrichment and general interest courses.

**RSU #3**

Participation in college credit classes is possible through the delayed computer assisted classes of the University of Maine at Augusta. Associates, Bachelor and Master degree level programs are available.

**Career Advancement**

Post-secondary career advancement opportunities are available in certificate, diploma or degree programs through the Eastern Maine Community College and the University of Maine, both on campus and through UNET (ITV).

**Career Guidance**

Career guidance assistance is available to adults in career change or selection, locating a training program, job hunting and résumé writing.

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**REGISTRATION**

**PRE-REGISTRATION** is very important to ensure your place in the class. Many courses have limited space and are filled on a first-come first-served basis. Some classes may be canceled due to insufficient enrollment. Please call in your registration or use the registration form enclosed in this brochure for your convenience. Belfast Adult Education now offers on line registration and payment.

**COURSE FEES** — Students should contact the individual programs for fee information.

**BOOK DEPOSITS** are required for some courses. Deposits will be refunded at the end of the class when books are returned in good condition. No book deposits will be returned once the semester has ended.

**TUITION WAIVERS** may be available for some courses. Contact the individual programs for more information.

**ABE, HiSET™ and Diploma Courses** are offered at no charge to adult students formally enrolled in adult education.

**BUDGET PAYMENTS** may be arranged with approval from the program director.

**CALENDAR** — All Adult Education programs generally follow the day school calendar for the school system of which they are a part.

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**ACCOMMODATION STATEMENT**

Individuals requiring accommodation in order to access programs and services involving the High School General Equivalency certificate program should make their needs known to the adult education program director, ADA Coordinator, Equal Opportunity Officer, or Affirmative Action Officer c/o the Office of Superintendent of Schools for the school system in which the adult education program resides.

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**BROCHURE DEVELOPMENT**

This brochure is a collaborative effort of RSU #3 Adult Education, Belfast Adult Education and Waldo County Technical Center Adult Education.
How do I register for classes?
Register for our classes, by phone, by mail or in person. We accept cash, checks, Visa, MasterCard, and Discover. Diploma, HiSET™ and College Transitions require an intake appointment. Call 568-3426 ext. 1

Online – Online registration is available for non-academic courses at our website: www.rsu3adulted.org

Phone/Fax – Register by phone or fax with your Visa, MasterCard or Discover. If registering by fax, please be sure to give all information requested on the registration form.

Mail – Send registration form and payment (cash/check/credit card/money order) to:
   RSU#3 Adult and Community Education
   577 Mount View Rd.,
   Thorndike, ME 04986

Walk-in – Register by stopping by our office during regular business hours and drop off your registration form and payment.

Who can take adult education classes?
Any adult 17 years or older can take adult education classes, even if you don’t live in the district! Exceptions at the discretion of the Director of Adult Education.

What else should I know about my registration?
Registration confirmations are not sent out. If you do not hear from us, assume that your registration has been processed and accepted. You will be notified if the course is full or cancelled. Please feel free to contact us to confirm.

FEES
Registration fees are noted in each course description. Unless otherwise noted, the fee includes any necessary textbooks and/or materials. Some courses require participants to provide additional materials and/or equipment and some classes will require a supply or materials fee paid directly to the instructor and will be noted in the course description. Borrowed textbooks have a non-refundable deposit of 20.00. If classes are held off the Mt. View Complex fees are due in advance.

DISCOUNTS
Learners fifty-five (55) and older will receive a 25% discount on all classes. Learners seventy (70) and older pay only $4 for classes.

REFUND POLICY
If we cancel a class for any reason we will issue a full refund to you. If circumstances prevent you from attending this class and you notify us before the first night, we will refund you the full amount of the registration fee. If you attend the first class and discover that the class is not what you anticipated, notify us before the second class and we will refund your registration fee minus a $4 processing fee as well as the cost of the first night. Refunds can take up to 4 weeks to process. After the first night, refunds will be made with deductions for how many classes you attended.

RSU#3 does not discriminate in its education and employment programs on the basis of religion, age, race, color, national origin, gender, marital/parental status or disability and complies with Title VI of the Civil Rights Act of 1964, Title IX Education amendments of 1972, Section 504 of the Rehabilitation Act of 1973 and the American’s with Disabilities Act (ADA) of 1990. Inquiries regarding Title VI, Title IX, 504 and ADA may be made to the Affirmative Action Officer, 84 School Street, Unity, Maine, 04988, or call 948-6136.

Individuals with documented learning disabilities who require accommodations in order to access programs or services for HiSET™ should contact the RSU#3 Adult Education Director at 568-3426, Ext. 2.

SNOW DAYS!
If the district schools do not open due to weather issues, Adult Education classes are automatically canceled! If district schools are let out early due to weather issues, Adult Education classes are automatically canceled! If the Adult Education classes only are closed due to weather in the evening, the announcement will be made on TV; Channel 2, Channel 5, and Channel 8. The announcement will also be made on the radio stations: 92.3, 98.6, 95.7, 106.5, 97.1, and 104.7. Adult Education classes will be canceled by 4PM during inclement weather for events in the evening! Students can call into the Adult Education office (568-3426) and there will be a message stating that evening classes have been canceled by 4PM.

Program Vision Statement:
The RSU #3 Adult and Community Education program is designed to promote educational opportunities and provide professional instruction in a safe and positive learning environment in order to assist a broad spectrum of learners to achieve their educational goals and become effective members of our community.
Looking for that golden key?

For people who are looking for different ways to increase your current pay check, the RSU#3 Adult Education Program can unlock that door and offer that key...through education. Computers are available to the public, to help job searches, research through the High School Library or the Computer Lab. Please call for more information.

PERSONAL ENRICHMENT

We are pleased to offer a variety of personal enrichment classes to the community. These classes are provided as a service to the community and of the school district and are supported by fees. No state funds are used towards these classes. In addition to the class fees, a $4 registration fee has been added to all classes to cover facility use in the district and printing expenses.

ADVANCED BEEKEEPER

Swan’s Honey

Meant for beekeepers with several years’ experience who have overwintered hives. Topics include queen biology and mating, the quality of nucs and splits and population dynamics. Also, advanced mite management and products of the hive. Location: Swan’s Honey, 332 Bessey Rd., Albion, ME. There is a $65 fee that is to be paid the first class to Swan’s Honey. Registration deadline: 3/11

Begins: 3/18, 3/25, 4/8, 4/15, 5/2

W & Sat

6:30-9:00 pm Fee: $4

AMERICAN HEART ASSOC. HEARTSAVER

INFANT, CHILD & ADULT CPR/AED

Holmes

The American Heart Association Heart saver CPR/AED Course is designed to teach CPR and relief of foreign-body airway obstruction for victims of all ages to lay rescuers, particularly those who are expected to respond to emergencies in the workplace because of job responsibilities or regulatory requirements. Course is ideal for any person interested in being trained for response to a sudden cardiac emergency in the home, school, or community.

Knowledge and skills for the use of an Automated External Defibrillator will also be included. Two year AHA Heart saver Certification awarded upon course completion.

Materials: $20 per student to be paid to RSU3 Adult Ed first night of class for certification ecard fee. A minimum of 5 students for class to run with a maximum of 8 students.

Begins: TBA

2 nights

T & Th

6:00-8:30 pm Fee: $64

BEGINNER BEEKEEPER

Swan’s Honey

Meant for the new to beekeeping student or one with just a few years’ experience. Covers selecting hive locations and building equipment. Discussion of bee biology and installing bees into hives. Feeding bees and monitoring and treating bees for mites and other bee diseases. The last class will cover harvesting honey and winterizing the hive. The field day will include a hive opening and installing a nuc.

Registration deadline: 3/12

Begins: 3/19, 3/26, 4/9, 4/16, 5/2

Th & Sat

6:30-9:00 pm Fee: $4

COMMERCIAL DRIVER LICENSE CLASS A Spaulding

80 hours classroom instruction, mostly during the first two weeks. Some lab work and driving during the first two weeks. Beginning the third week, students will be doing nearly all lab work and driving. Students will only need to be on site part time once the 80 hours class time is over (4 hours/day). Students will be scheduled to take the permit test after the class work is completed. Students will receive a minimum of 44 hours behind-the-wheel, consisting of at least 12 hours on the road. The remaining behind-the-wheel time will be spent on the off-road driving range, working on maneuvers needed to pass the license test. Lab time consists of inspecting vehicles, hooking and unhooking trailers, and possibly other hand-on learning activities. Cost per student for materials varies: A DOT physical is needed prior to class ($100). Permit application ($35), and each additional endorsement is $10 (tank, hazmat, double/triple trailer). Minimum/Maximum number of students: 3 min./4 max.

(Schedule subject to change)

M-Th

5 weeks

8:30-12:30pm

Fee: $4,385

Registration deadlines: At least 2 weeks prior to start of each class

Begins: Session I: 11/18 (subject to change)

Session I: 1/6

Session II: 2/3

Session IV: 3/9

Session V: 4/13

Session VI: 5/18

COMMERCIAL DRIVER LICENSE CLASS B Spaulding

Prepare for your Class B Commercial Driver License in this 72 hour course (42 classroom hours, 30 hours behind the wheel hours). This course is approved by the State of Maine Bureau of Motor Vehicles. Additional endorsements such as a tanker, or hazmat will be covered upon request. Free use of equipment for your first driving test is included.

• Looking for a big rig opportunity?
• Do you have a clean driving record?
• Can you pass a DOT physical?
• Can you pass a drug test?

Contact RSU3 Adult & Community Education for information about a new no-cost CDL/Class B Driver License for qualifying participants” through the Maine CareerCenter. (Self-pay is available through Keep Right Driving School for those who do not meet funding requirements.)

Successful completion of the course will result in a Class B license with a tanker & hazmat endorsement.

(Schedule subject to change)

M-Th

2.5 weeks

8:30-12:30pm

Fee: $2,995

Registration deadlines: At least 2 weeks prior to start of each class

Class A Fee: $4,595 / Class B Fee: $2,395

Begins: Session I: 11/18

Session II: 1/6

Session III: 2/3

Session IV: 3/9

Session V: 4/13

Session VI: 5/18

COMMUNITY FITNESS

Clifford/Manley

Set up a fitness plan that will work best for you to discover your strength and pursue 12 weeks of life enhancing workouts. Sign up for a 12 week session using the facility up to two nights per week. The center is fully equipped with several cardiovascular machines including treadmills, elliptical, upright and recumbent stationary bicycles, a rowing machine, free weights, and complete Lifefitness Pro circuit series of weight machines. Session includes complete orientation and availability of on-site trainer during entire session. Requires medical clearance waiver. Must be 18 years or older to register. No street shoes allowed in Fitness Facility. This class will run for 3 month sessions throughout the 2019-2020 fiscal school year.

Begins: 1/7

T&Th

3 mos.

6:30-8:30 pm

Fee: $59
DAISY LANE CLIPBOARD Everett
In this 3-hour class, we will be making the beautiful home decor piece featured in the Stampin’ Up! Annual Catalog, using the Daisy Lane Bundle. Everything is included in your project kit, including the rustic wooden clipboard! This is perfect for your own home or to give as a gift! If you have your own Daisy Lane bundle and a bone folder, you will find those helpful, as well (but they are not required.) Materials Fee: $30, payable to the instructor at the event. Minimum of 6 for class to run.
Registration deadlines: 1/14 & 3/10
Begins: Session I: 1/21 T 1 night 6-9pm Fee: $9
Session II: 3/17 T 1 night 6-9pm Fee: $9

DIY LOTION & LIP BALM Twombley
Come have some fun and learn to make your own healthy, skin-loving Body Lotion and vegan Lip Balm! The folks from Lally Broch Farm will be at RSU3 Adult & Community Education to help take you through all of the steps to make your own custom lotions and balms- perfect for gifts or your own personal use! You will create 16 oz. of body lotion and bring it home in a refillable, glass mason jar with black lid and pump. Then, try your hand at creating your own flavorful lip balms with vegan butters, oils, and waxes to lock in your lip’s moisture and keep them healthy this winter. Cost of the class is $49 per person and pre-registration is required. Seating is extremely limited, and our classes often sell out quickly, so don’t delay. We hope to see you there!
Registration deadlines: 1/30 & 4/30
Begins: Session I: 2/6 Th 1 night 6:00-7:30 pm Fee: $49
Session II: 5/7 Th 1 night 6:00-7:30 pm Fee: $49

GROW YOUR OWN ORGANIC GARDEN MOFGA
Interested in learning how to grow your own vegetables in sustainable manner? Join us for an evening-long workshop on how to grow your own garden organically. We’ll talk about the basics of soil science and how to enrich your soil to produce healthy, high-yielding plants. The course will also cover the fundamentals of making and using compost, the principles of crop rotation and how to incorporate green manures to manage nutrients in the garden. Other topics will include how to tell the difference between cultivated plants and weeds, basic weed control strategies and cultural methods for dealing with pests. The instructor will be an experienced farmer or gardener from your region. We will send you home with free seeds! All are welcome, from first timers to experienced gardeners who want to experiment with new techniques. A $5.00 fee for educational materials payable to MOFGA to be collected by Adult Education office with pre-registration. Minimum of 5 students for class to run.
Registration deadline: 3/27
Begins: 4/8 W 1 night 6-9pm

HOW TO LIVE ON A SHOESTRING Talarico
Learn the many free items that are available from health related to home renovation and everything in between. Learn how to repurpose items as well. Minimum of 4 for class to run.
Registration deadline: 3/30
Begins: 4/6 M 1 night 6-8 pm

LEARN TO CURL McLaughlin
Curling is a sport dating back to the 16th century in Scotland, but it recently came to the forefront when the USA Men’s Curling Team won their first gold medal in the 2018 Winter Olympics. Curling is often referred to as chess on ice, as players slide special heavy stones towards a target, using brooms to influence the path of the stone. Join the Belfast Curling Club for a two-hour intro to curling and learn about this fun winter sport. Wear loose, comfortable clothing, dress warmly (you’re on ice), and bring a separate pair of clean sneakers. Registration fee is payable to adult ed, AND $10 to be paid to the Curling Club when you arrive for class. Upon registering contact learntocurl@belfastcurlingclub.org or call Steve McLaughlin at 685-9540 to reserve your spot - classes fill up early. 1-day class at the Belfast Curling Club, 211 Belmont Ave. (Rt. 3), Belfast.
Registration deadline: 12/19
Begins: 1/4 SAT 1 day 10:30-12:30 or 1:00-3:00 pm No Fee

PHOTOGRAPHY I Thibodeau
What is the rule of thirds? Why are my images boring? Why does my friend take the same picture as I do and her picture looks better? Bring your camera to class and learn how to make a great image rather than simply take a photograph. We will focus on what constitutes a great image and how to think about composition, lighting, and subject matter. We will compare and contrast work by contemporary artists in order to understand how to develop our own unique statements as photographers. Camera needed (DSLR preferred) Minimum of 5 students for class to run with a maximum of 15.
Registration deadline: 3/30
Begins: 4/6 M 1 night 6:30-9:00 pm Fee: $9

PHOTOGRAPHY II Thibodeau
In this workshop we will explore aperture, shutter speed and ISO and understand why they are so crucial in creating stunning images. Manual settings on a camera can unleash a new and exciting world of creativity and can help you in creating memorable art and unique photographic statements. Learn how to take photography to a new level and leave behind the program or auto mode on your camera. DSLR Camera needed. Minimum of 5 for class to run with a maximum of 15.
Registration deadline: 4/6
Begins: 4/13 M 1 night 6:30-9:00 pm Fee: $9

POLYMER CLAY JEWELRY Lally Broch Farm
This class will teach you how to do skinner blends using a pasta machine. You will play in class with the clay to make jewelry and also take canes home to make your own. Starter kits can be purchased for $10.00, which is payable to the instructor the night of class. Please let us know when registering, if you would like to purchase a kit. The instructor will have a few that can be borrowed.
Registration deadline: 3/26
Begins: 4/2 Th 1 night 6:00-7:30 pm Fee: $34

PORTRAITURE Thibodeau
You will need to bring a DSLR with a flash (on camera is fine) to class for this exciting workshop in portraiture. We will explore studio lighting, and the various methods of setting up lighting scenarios. There will be strobes and flash units available and the class will fully participate in making their own portraits. Enter the exciting world of portraiture and learn to take your own family portraits, senior pictures or even capture images of your beloved pet. Minimum of 5 for class to run with a maximum of 15.
Registration deadline: 4/20
Begins: 4/27 M 1 night 6:30-9:00 pm Fee: $9

SOAP MAKING 101 Lally Broch Farm
Come have some fun and learn to make your own soap! The folks from Lally Broch Farm will be at RSU3 Adult & Community Education to help take you through
all of the steps to make your own custom goat’s milk soaps – perfect for gifts or your own personal use! You will create 8 bars of soap ($56 value). Pre-registration is required. You may choose to purchase a professional silicone mold to bring your soaps home with you that night, but it is not required. Seating is extremely limited, so don’t delay. We hope to see you there!

Registration deadlines: 2/27 & 5/28

Begins: Session 1: 3/5  Th 1 night 6:00-7:30 pm Fee: $54
Session 2: 6/4  Th 1 night 6:00-7:30 pm Fee: $54

STAMPIN’ WITH SHARECROPPERS Toothaker

Join us for 6 weeks of stamping! This class is for the beginner to casual crafter - no experience necessary! You will learn the basics of card making and stamping, plus much more. Each week we will be creating 3 different cards using a variety of products and techniques. Supplies needed for this class include the Stampin’ Up Basics Kit (available from the instructor for $30 on the first night of class) which includes one stamp set, one ink pad, one acrylic block, 2 types of adhesive, blender pen, cleaning shammy and case, and 3 idea books. All other supplies will be provided by the instructor.

Registration deadlines: 4/23

Begins: 4/30 Th 6 weeks 3:30-5:30 pm Fee: $34

WATERCOLOR FOR BEGINNERS Talarico

This class will cover everything from mixing paint, washes and minor drawing.

Registration deadline: 4/6

BEGINs: 4/13 M 3 weeks 6-8 pm No Fee

YOGA Moschkau

Come take time for yourself and your health! All levels of experience are welcome. This class introduces basic principles of breathing techniques and poses, and will expand upon them as time goes on. The yoga will be moderately rigorous, with pos-

ture options for a gentler practice, if desired. Each week we’ll explore a theme, and support will be offered for continuing a home practice. Some yoga mats will be available. First session will begin in mid January – dates and time TBD at a later date. Please bring a blanket. Minimum of 5 for class to run.

Begins: Session I: 1/29 T 6 weeks 5:00-6:15 pm Fee: $39
Session II: TBD T 6 weeks 5:00-6:15 pm Fee: $39

YAYMAKER PAINT NITE Fields-Perkins

Grab your friends and unleash your inner artist at the Original Paint Nite. You’ll go from a blank canvas to a masterpiece of your own, with plenty of laughs along the way. Guided by a talented and entertaining artist, you’ll be amazed at what you create, and how much fun you have doing it. Yaymaker events give you everything you need to get up, get out, and get making! Instruction is provided by an expert host, so no experience is required, and everything you need is supplied. Grab your friends to paint, plant, tinier and build—and give your week something to shout about. To register go to: www.yaymaker.com

**(Please note: there is a $4.00 fee to cover facility use and printing expenses payable to RSU3 Adult & Community Education.)

Session I: 1/22 W 1 night 6:00-8:00pm
Session II: 2/25 T 1 night 6:00-8:00pm
Session III: 3/19 Th 1 night 6:00-8:00pm
Session IV: 4/27 M 1 night 6:00-8:00pm
Session V: 5/6 W 1 night 6:00-8:00pm

DO YOU NEED A HIGH SCHOOL DIPLOMA?

Students & Parents in Cooperative Education (SPICE) Family Literacy Program can help you work on your career and educational goals!!

What is Literacy?
The ability to read, write, and speak in English, compute and solve problems at levels of proficiency necessary to function on the job, in the family and in society.

ELIGIBILITY REQUIREMENTS:
Have a child 10 years old or younger; be willing to meet with instructors in your home; to reach your job and educational goals as quickly as possible; and actively participate in all parts of the program.

WHAT ARE YOU WAITING FOR?

CALL TODAY 568-3426
**HIGH SCHOOL COMPLETION/ACADEMIC**

If you are at least 18 and left school without a diploma, the HiSET™ might be the way for you to earn a high school credential. Accepted by many colleges and employers, the HiSET™ tests allow you to demonstrate your knowledge in five subject areas. Learn about HiSET™ preparation classes and testing requirements, take a practice test, and get ready to move forward with your education.

The ETS High School Equivalency Test (HiSET™) has replaced the GED as Maine’s High School Equivalency Assessment. The HiSET™ consists of the following five subtests: Language Arts Reading, Language Arts Writing, Science, Social Studies, Mathematics. A passing score on each subject test is a scaled score of 8 out of 20, but learners must achieve a total scaled score of 45 to successfully achieve their high school equivalency diploma. Learners that achieve a scaled score of 15 or higher on each subject test are designated as College and Career Ready.

**A state high school equivalency credential in Maine will only be issued when an individual passes the approved HSE test in the languages offered in the state.**

- Testing is computer-based (paper tests available if needed).
- There is no fee for Maine residents to prepare for and take the HiSET™
- We provide HiSET™ testing, preparation materials, pre-tests, and instruction

**HiSET™ PREP**

This will be a preparatory class to learn about the new high school equivalency test in Maine. Class begins with orientation and test overview. Continuation of class includes: pre/post assessment in math and reading and preparation for each subject of the HiSET™ test. There will be an official practice test given for each subject and based on those scores, the instructor will recommend when individuals are ready to schedule each of their official exams. Tutoring will be available based on class and student need.

 Begins: 1/8 W 5:00-8:30 pm  No Fee

**HIGH SCHOOL BIOLOGY–College Prep Class**

**HIGH SCHOOL BIOLOGY–College Prep Class**

This virtual (online only) class is a prerequisite for acceptance into a college health career program. You will learn the basics of cell biology and chemistry and how that relates to human body systems. You will also gain a basic understanding of the Environmental Biology systems we live in and their potential impacts on our health. Students will also gain research, observation and laboratory skills that will prepare them to transition into college level coursework.

 Begins: 1/7 T 15 weeks 6:00-7:00 pm (instructor available)

**Step Ahead**

Maine College Transitions is perfect for those who want to further their education and already have a high school diploma or equivalency. Hundreds of students have taken Maine College Transitions and gained entrance into trade schools, community colleges, and four-year colleges or universities.

If you have a dream and the desire, we have the tools that will help you get to your goal.

MaineCollegeTransitions.org
**Environmetal Science with Lab**
Avalone-King

This course will introduce students to Interactions between the Environment and Society; The Dynamics of Earth Systems & Ecology; Populations Dynamics and the Importance of Biodiversity; as well as Conservation of our Water, Air, Land and Agricultural systems. We will also examine Mineral and Energy Resources; and Our Health and Future as it is related to Environmental Concerns.

The course will be offered through the Virtual Learning Center and the class Assignments will require a minimum of 4 hours homework per week; a one hour Google Hangouts Class Meeting each week (Thursday Nights 6-7); as well as Lab Assignments that will be adapted for independent completion at home.

**Registration deadline: 1/2**  No Fee
**Begins: 1/6**  15 weeks  3:30-9:00 pm  (instructor available)

**High School Completion/Credit Recovery**

Adults (17 and older) can earn a high school diploma through the adult education program. Previously earned credits as well as life experience will count toward your credit total. Adults may earn additional credits through evening classes or through the PLATO computer software. All courses taken for diploma credit are at no cost to you. Call us to schedule an intake appointment and find out how you can become a high school graduate!

**PLATO**
Greenberg

The PLATO learning software helps students at all levels improve their basics skills, prepare for standardized tests like the Accuplacer or HiSET™ or earn credits toward a diploma. Students proceed at their own pace in a structured lab setting. Call for more information. Many classes to choose from.

**Instructor available Wednesday and Thursday from 4-7.**
**Begins: 1/6**  15 weeks  3:30-9:00 pm  (Computer Lab Available Mon, Wed & Th)

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**Mount View University of Maine System ITV (Delayed Viewing) Class Offerings:**

RSU/3 is now a delayed viewing site. For the delayed viewing option, students participate by watching a recording of the ITV class on computer. At their convenience (during the Adult Education hours), the student can access each class session on the appropriate web page within the University’s Blackboard course management system. With the click of a mouse, a class session is “streamed” over the Internet and can be viewed on a computer. We will still be proctoring tests and exams. Because this isn’t real time viewing, most professors have offered some flexibility as to when the exam can be taken. Please call the Adult Ed office if you have any questions. To view a complete listing of classes go to: www.learn.maine.edu. The University of Maine also has a new website for online & blended programs, www.online.maine.edu, or you can call the University at 1-800-868-7000.

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**College Transitions**

What is the Maine Adult Education College Transitions Program?

Maine College Transition programs (MCT) are comprehensive programs of study leading to enrollment in a post-secondary institution. MCT includes career planning, academic preparation, financial aid assistance, college planning and Accuplacer testing. In partnership with community colleges and the university system. Local adult education programs offer high-quality, cost-effective and accessible pathways to post-secondary education for adults.

**How do I enroll?** – Schedule an intake meeting by calling the RSU3 Adult Ed Program for more information (207) 568-3426.

**Why should I enroll?**
- Registration fee waivers for adult education classes
  (book or lab fees apply)
- Access to tours, workshops, and college planning events
- One-on-one student counseling
- Study skills support services

**What are the requirements?**
- Meet with a counselor or adult education director and provide demographic information
- Enroll in one or more college transitions classes
- Take the Accuplacer placement test prior to classes starting and at the end of the class(es)
- Allow follow-up data to be collected on you as you transition into college
- Participate in college planning & financial aid workshops
- Tour a college campus

*The Accuplacer computerized assessment measures your current level of knowledge and skills in reading, writing, arithmetic and algebra. Once you identify your academic strengths and needs, you can get the help you need to improve.*

**Workforce Solutions**

Are you interested in a career in Information Technology?

TechHire is a program designed to recruit, assess, train and place young adults into Maine’s IT industry in positions like computer support specialist, software, and health informatics. Completed training will result in credentials recognized by the IT industry. This grant funded program provides a host of services to train young adults (between the ages of 17 and 29) as well as career changers who are looking to transition into IT roles. *Eligibility requirements do apply.*

This 4 million dollar project is fully funded by a U.S. Department of Labor Employment and Training Administration grant awarded to Coastal Counties Workforce, Inc. This program/activity is an equal opportunity employer/program. Auxiliary aides and services are available upon request to individuals with disabilities.

For more information please contact: (Depending on region)

**Northeastern Workforce area (Aroostook, Hancock, Penobscot, Piscataquis, Washington counties):**
Ryan Grindle, rgrindle@emdc.org, 207-974-3220

**Central/Western Workforce area (Androscoggin, Franklin, Oxford, Kennebec, Somerset counties):**
Deb Bomaster, Debra.Bomaster@workforcesolutionsme.org, 207-210-4575

**Coastal Counties Workforce area (York, Cumberland, Sagadahoc, Lincoln, Waldo and Knox counties):**
Dylan Barnett, dylan.barnett@workforcesolutionsme.org, 207-274-9131

*All three above contacts are TechHire Program Navigators.*

*For those over the age of 29, connect with your local career center to learn what training and employment services are available. http://www.mainecareercenter.gov/
Belfast Adult Education Has Moved

Belfast Adult Education is now in its new facilities located at Belfast Adult Area High School. The Learning Center is located at 39 Lions Way on the south end of the building in back of the new math/special education wing. You may contact us by telephone at 207-338-3197 or by regular mail at PO Box 39, Belfast, Maine 04915.

BELFAST ADULT EDUCATION

Darrell R. Gilman, Ed.D., Director  •  6B Lions Way, Belfast, ME 04915

Phone: 338-3197  •  Fax: 207-338-2960  •  http://belfast.maineadulted.org

REGISTRATION

Learners wishing to participate in adult education offerings should review the adult education brochure distributed in August and December or on the program web site. Course registrations may be submitted electronically through the web site, by sending the back page of the brochure through the mail, by fax or by hand delivery. Course registration fees may be submitted electronically through the web site, by submitting cash/check by mail, or by delivery in hand to the main office. Payment by check is preferred over cash for security reasons. Instructors will not be permitted to accept registrations or collect registration fees at class sessions. Registration fees must be submitted at least FIVE business days PRIOR to the first class session. Some courses may have deadlines for registration or fees that are earlier than above. A social security number is necessary for all courses in programs marked ABE, HSC, ATP including MCT and Training/Retraining programming. All registrations must include date of birth. General interest courses must have a minimum of five enrollees to be scheduled. BELFAST ADULT EDUCATION DOES NOT OFFER DISCOUNTS ON REGISTRATION FEES.

REGISTRATION FEE REFUNDS

Course/activity registration fees are fully refundable when:
• a course/activity is canceled
• a learner withdraws from a course/activity prior to its start
• required materials have not been ordered
• course/activity registration fees refunds are pro-rated whenever the course/activity schedule has modified resulting in a learner being unable to continue.

BOOK DEPOSITS

Learners returning books in good condition will receive refunds at the end of the course. No book deposits will be returned once the new semester has begun.

SCHEDULE OF COURSE OFFERINGS

The Adult Education Program offers full semesters of courses during the fall and spring with a summer session during July and August. The fall semester begins on the Monday after Labor Day, the spring semester in late January and the summer semester in July. Please call the main office (207-338-3197) at least two weeks prior to the beginning of the semester for courses in which you wish to enroll. Students enrolling in the ABE, ATP/MCT, HSC/Diploma or HiSET, or Training/Retraining programs may contact the office anytime of the year.

CALENDAR

Belfast Adult Education follows the RSU #71 school calendar. The office is closed during weekends, holidays and when the school system is cancelled due to emergencies or weather. Please check the list of holidays in the box to the left.
Belfast Adult Education would like to hear from you!

Are you interested in becoming an instructor for a course or activity through adult education? Do you have an idea for a course or activity in which you would like to participate?

Belfast Adult Education is seeking individuals who would like to instruct a course or lead an activity for adults. The program would also like to hear about ideas or topics of interest around which courses or activities could be created.

Anyone interested in becoming an instructor or wanting to offer a suggestion for a course or activity is asked to contact Belfast Adult Education by telephone at 207-338-3197 or by email at pedgecomb@rsu71.org.

Community Connection for High-Speed, Broadband Internet Technical Assistance.

The Belfast Adult Education program is your Community Connection for information on how you can use Maine’s expanding high-speed, broadband internet connectivity to help you meet educational goals, enrich your life, obtain health information, access governmental services and enhance economic and community development. Contact our office and arrange a special presentation on the importance of high speed internet for your civic or social organization.

Look for this symbol in our catalog. It identifies courses and workshops where you’ll learn about high-speed internet connectivity. This community education program is presented in cooperation with the Maine Department of Education and the ConnectME Authority. Learn more at www.maine.gov/connectme and check the speed on your internet connection.

Want help with reading?

Call 338-3197
Email: waldoreads@rsu71.org
Check us out on the web:
www.waldoreads.org
~ Free, Local, One-to-One Support ~

ACADEMICS

All courses offered in the academic section of Belfast Adult Education are open to all with no registration fee.

PROGRAM INFORMATION SESSIONS

How would your life change if you obtained further education or training through the adult education program? Whether you left school years ago, just recently, were home schooled, or want to prepare for post high school career or college opportunities, we can assist you in determining the best pathway for you. We offer courses and activities leading to high school diploma, high school equivalency testing, college admission and career exploration. It is never too late to begin looking toward a brighter future. There is no registration fee for these courses.

Adult learners enrolling in the Belfast Adult Education academic programs (Adult Basic Education, College Transitions/Maine College Transition, High School Completion-Diploma or High School Equivalency Testing, Literacy for Adults, and Training/Retraining) must participate in a program information session prior to the start of their classes. Learners will meet staff, learn about available programs and take assessments in reading and math. By the end of the information session learners will know what steps are needed to achieve their educational goals. A plan detailing a course of study will be prepared to meet learner educational needs. Learners enjoy the advantage of being in smaller classes where instructors have the flexibility to provide individual attention.

An initial semester orientation information session is held during the week prior to the start of the semester. Additional monthly orientation information sessions are held throughout the semester to accommodate new learners entering after the semester has begun. Check the school calendar for the date and time of the initial semester information session held at the beginning of the semester or contact the main office for information.

Contact the program advisor, Marie Roberts, for orientation to academic programs.

Contact Carolyn Haskell at 207-338-3197 to schedule orientation sessions during the semester for the HiSET testing program.

Learners are directed to bring a government picture identification and a document giving their social security number.

S20 SEMESTER ORIENTATION INFORMATION PROGRAM

<table>
<thead>
<tr>
<th>Staff</th>
<th>LC</th>
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<tr>
<td>W</td>
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S20 MONTHLY ORIENTATION INFORMATION PROGRAM

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<th>Staff</th>
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STATEMENT OF NONDISCRIMINATION AND EQUAL OPPORTUNITY

There shall be no unlawful discrimination in educational programs, activities, or employment practices on the basis of race, national origin, religion, sex, age, or disability under the provisions of Title VI and XI of the 1972 Educational Amendments, Section 504 of the Rehabilitation Act, the Individuals with Disabilities Education Act (IDEA), and the Americans with Disabilities Act (ADA). The RSU does not discriminate on the basis of race, sex, national origin, religion, age, color, sexual orientation, physical or mental disability as defined by Title IX, Section 504, the Civil Rights Act and the Maine Human Rights Act.

Individuals who need auxiliary aids for effective communication in programs and services within RSU #71 should make their needs known to the Principal or to the ADA Coordinator or Equal Opportunity Officer/Affirmative Action Officer c/o Superintendent of Schools, P.O. Box 325, Belfast, ME 04915, telephone 338-1960.
**PROGRAM ADVISING**

Adult learners enrolling in any of the academic component sections of CT/MCCA, HiSET, HSD, T/R, LIT must participate in an adult education advising program. This process is designed to provide ongoing assistance to learners through the creation and monitoring of an Individual Life Plan. The life plan focuses on academics, work force training and goal setting. Adult learners will have a minimum of FOUR advising sessions scheduled throughout the semester.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Section</th>
<th>Days</th>
<th>Time</th>
<th>Room</th>
<th>Instructor(s)</th>
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<tbody>
<tr>
<td>S20 INTAKE/ADVISING</td>
<td>Roberts (ABE, HSC, T/R, LIT), Haskell (HiSET, MCT)</td>
<td>Arr</td>
<td>LC</td>
<td></td>
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</tr>
<tr>
<td>S20 PROGRAM ADVISING</td>
<td>Roberts (ABE, HSC, T/R, LIT), Haskell (HiSET, MCT)</td>
<td>Arr</td>
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**ADULT BASIC EDUCATION (ABE)**

The Adult Education Program provides instruction to adult education learners who would benefit from the introduction, maintenance and support with basic literacy skills in the areas of reading, writing, mathematics and technology.

### BASIC SKILLS

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Section</th>
<th>Days</th>
<th>Time</th>
<th>Room</th>
<th>Instructor(s)</th>
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</thead>
<tbody>
<tr>
<td>S20 ABE ENGLISH</td>
<td>Roberts</td>
<td>01/29</td>
<td>W</td>
<td>16 wks</td>
<td>8:30-11:30</td>
</tr>
<tr>
<td>S20 ABE MATH</td>
<td>Widmer</td>
<td>01/30</td>
<td>Th</td>
<td>16 wks</td>
<td>8:30-11:30</td>
</tr>
<tr>
<td>S20 ABE READING</td>
<td>Roberts</td>
<td>01/30</td>
<td>Th</td>
<td>16 wks</td>
<td>12:30-2:30</td>
</tr>
<tr>
<td>S20 ABE ENGLISH AS A SECOND LANGUAGE</td>
<td>Staff</td>
<td>Arr</td>
<td>Th</td>
<td>LC</td>
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</table>

Students participating in computer instruction at Belfast Adult Education may obtain a 2GB thumb drive for $7.00. The courses offered in this section are incorporated into training and retraining programs.

**S20 ABE COMPUTER BASICS**

Feeling nervous or confused about using a computer? Take the first step toward feeling more at ease with this very basic course in computer operations. Learn how to use the mouse to point and click and the keyboard to communicate with the computer. Learn to do internet searches, use Google email and Google Docs for basic word processing. We will also answer common questions like “How can I send pictures via e-mail? How can I find driving directions on the internet? What is youtube and social media?” and more based on the needs of the students.

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<th>Course Code</th>
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<th>Time</th>
<th>Room</th>
<th>Instructor(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>S20 ABE FACEBOOK – INTRODUCTION</td>
<td>Widmer</td>
<td>03/19</td>
<td>Th</td>
<td>6 wks</td>
<td>3:00-4:30</td>
</tr>
<tr>
<td>S20 ABE iPAD – INTRODUCTION</td>
<td>Widmer</td>
<td>03/23</td>
<td>M</td>
<td>5 wks</td>
<td>12:30-2:30</td>
</tr>
<tr>
<td>S20 ABE MS EXCEL – INTRODUCTION</td>
<td>Norma</td>
<td>01/27</td>
<td>M</td>
<td>6 wks</td>
<td>12:30-2:30</td>
</tr>
<tr>
<td>S20 ABE MS WORD – INTRODUCTION</td>
<td>Norma</td>
<td>01/30</td>
<td>Th</td>
<td>6 wks</td>
<td>3:00-4:30</td>
</tr>
<tr>
<td>S20 ABE WELCOME TO GOOGLE</td>
<td>Norma</td>
<td>05/07</td>
<td>Th</td>
<td>4 wks</td>
<td>3:00-4:30</td>
</tr>
</tbody>
</table>
The High School Completion program offers two options. The first option is the High School Equivalency Test Certificate program. Learners enrolled in this option must complete a twenty-four hour preparatory course, complete a series of pre-tests and successfully complete the HiSET test in each area of Language Arts – Reading, Language Arts – Writing, Mathematics, Science and Social Studies.

The second option is the High School Diploma program. Learners enrolled in this option must participate in diploma required courses for credit. Completion of all diploma requirements results in the issuance of a high school diploma.

**HSC – HIGH SCHOOL EQUIVALENCY CERTIFICATE (HiSET™)**

**S20 HiSET PREPARATION COURSE** Haskell
Learners will receive instruction and test taking strategies to prepare them for completing the HiSET official practice tests in each of the five subject areas of Reading, Writing, Math, Science and Social Studies. Learners who have received passing scores on the pre-tests are then eligible to complete the final HiSET tests in each area. The preparatory module consists of four, five hour sessions presented on the second, third and fourth Thursdays of the month. A learner wishing to complete the HiSET program must attend all preparatory course sessions.

Call Th 4 wks 1:00-6:00 LC

**S20 HISET FINAL TESTING** Gilman, Widmer
Learners who have successfully completed the HiSET Preparation Course by demonstrating passing scores on the official practice tests in Reading, Writing, Math, Science and Social Studies are eligible to take the HiSET final tests. All testing sessions are arranged by appointment with the main office. Appointments must be made twenty-four hours in advance of the test date.

Arr LC

**HIGH SCHOOL DIPLOMA – (HSD)**

**S20 HSD ALGEBRA 1** McHatten
This course will cover the concepts presented in the typical high school college preparatory algebra curriculum.

01/29 T 16 wks 2:40-5:40 LC

**S20 HSD ALGEBRA 2** McHatten
This course will cover the following topics: solving problems using equations, inequalities, linear equations and functions; products and factors of polynomials and rational expressions; quadratic equations and functions; radicals and exponents.

01/30 Th 16 wks 2:40-5:40 LC

**S20 HSD EARTH SCIENCE** Widmer
This course uses many hands on activities to explore the earth’s geological history, amazing landforms around the globe, the nature of sea and air and the newest discoveries about our universe. This course is available for students wishing to satisfy the graduation credit in either earth or lab science.

This course is offered in the spring semester only.

01/27 M 16 wks 11:35-2:35 LC

**S20 HSD ENGLISH** Tupper/Roberts
This High School diploma English course explores the following components: reading comprehension, vocabulary, grammar and several forms of writing to include paragraph development, evidentiary essay and research studies.

01/28 T 16 wks 6:00-9:00 LC

01/29 W 16 wks 2:40-5:40 LC

**S20 HSD ENGLISH BY THEME** Roberts
This course is an alternative to the traditional English course in that it relies on three rotating modules: Greek Literature and Mythology; Creative Writing; and Harry Potter as Literature. The Greek Literature and Mythology module will involve reading and discussion of several myths and mythological creatures and relating them to present day. Creative Writing will involve completion of several writing pieces that will be shared with members of the class. The Harry Potter books and movies will serve as the basis for class discussion and writing activities in the third module. Each module will be eight weeks in length rotating through two consecutive semesters. Credit may be awarded by each eight week module or for the semester.

01/28 T 16 wks 11:35-2:35 LC

**S20 HSD ENGLISH – THE GRAPES OF WRATH** Roberts
This course will focus on a close reading of John Steinbeck’s classic, The Grapes of Wrath. Discussion of the novel’s setting, the Great Depression, and the difficulties of the migrant workers from the west coast bring to light a period of great hardship in our nation’s history.

01/31 F 16 wks 8:30-11:30 LC

**S20 HSD ENGLISH LAB** Roberts
This instructional opportunity is open to anyone who wishes to learn or review English skills. Individualized sessions may be scheduled.

01/29 W 16 wks 11:35-2:35 LC

**S20 HSD GENERAL BIOLOGY** Widmer
This course provides an overview of biology topics for both plants and animals using many hands on activities and a variety of media. It fulfills the non laboratory requirement for the high school diploma.

01/31 F 16 wks 11:35-2:35 LC

**S20 HSD GEOGRAPHY** Roberts
This course will present a variety of concepts in physical, political, and ecological systems. Emphasis will be placed on the political regions around the globe and the various land masses.

01/28 T 16 wks 2:40-5:40 LC

**S20 HSD GEOMETRY** McHatten
This course provides an overview of geometry topics for both plants and animals using many hands on activities and a variety of media. It fulfills the non laboratory requirement for the high school diploma.

01/27 M 16 wks 2:40-5:40 LC

**S20 HSD HEALTH** Staff
This class begins with the study of basic nutrition. We will try simple recipes in class and taste some unusual foods. Students will also learn about exercise, stress management, basic human body biology and other areas of health the class would like to explore. Small changes in how we take care of ourselves can make a big difference in health! This course fulfills the half credit requirement for the adult education diploma.

01/27 M 8/16 wks 8:30-11:30 LC

**S20 HSD INTEGRATED STUDIES** Tupper
This course meets Thursday evenings. Instruction during this session may include English, Social Studies, or some combination of both. Major topics include U.S. History, World History, Government, Economics and English. This course is held at Searsport District High School.

01/30 Th 16 wks 6:00-9:00 SDMHS 1

**F20 HSD MAINE HISTORY I** Roberts
This course will trace through discussion and instructional materials the appearance and cultural development of the indigenous peoples of Maine. The focus will be on the time period from European Discovery through the late 1800’s. THIS COURSE IS OFFERED IN THE FALL SEMESTER.

01/30 Th 16 wks 8:30-11:30 LC

**S20 HSD MAINE HISTORY II** Roberts
This course will continue the study of Maine’s indigenous peoples that began in Maine History I. Discussion and a variety of instructional materials will be used to follow the cultural development of Maine’s indigenous peoples from the late 1800’s through the present. THIS COURSE IS OFFERED IN THE SPRING SEMESTER.

01/30 Th 16 wks 11:35-2:35 LC
S20 HSD MATH LAB  Widmer
This instructional opportunity is open to anyone who wishes to learn or review math skills. Individualized sessions may be scheduled. If sufficient instructional measurements are met, high school diploma credits may be awarded upon request.
01/30  Th  16 wks  12:30-2:30  LC

S20 HSD PARENTING  Roberts
This academic elective course is designed as a group for parents to participate in discussions regarding the triumphs and difficulties of child development and child rearing. Topics will be determined by the class members.
04/02  Th  8 wks  8:30-11:30  LC

S20 HSD PERSONAL GOAL & SELF REFLECTION  Roberts
This course will serve as an academic elective that guides learners through a process that leads to the creation of realistic and achievable short and long term life goals while exploring the learner’s personal values and niche in society. The course meets for the first half of the semester and carries a credit value of 0.5 credits.
01/30  Th  8 wks  8:30-11:30  LC

F20 HSD PHYSICAL SCIENCE  Widmer
This course covers basic concepts of chemistry and physics using a hands-on approach. You will be conducting simple experiments during every session to explain topics such as density and why things float, chemical reactions, air pressure, water pressure, speed, acceleration and Newton’s Laws of Motion. You will get a chance to grow crystals, build simple machine contraptions, construct a battery and build simple electrical circuits. Depending on your needs, this course can be taken for a whole credit (16 weeks) or half credit (8 weeks). Half credit courses must be the first eight weeks of the semester. This course is offered in the fall semester only.
M  16 wks  11:35-2:35  LC

S20 HSD U.S. HISTORY  Tupper
This course includes the colonization of our East coastal regions and then moves on to the formation of our nation from the revolution to developing our present form of government. Topics are: nationalism, sectionalism, societal reform and western expansion. The issues surrounding the civil war, slavery and reconstruction will be emphasized. This course continues with Reconstruction and concludes with the modern state of the world and the role that our nation plays in it. A notebook is needed. This course may be divided based on learner needs.
01/28  T  16 wks  3:00-6:00  LC

S20 HSD WORLD AFFAIRS  Widmer
This class will focus on current events in the world today. We will also examine how today’s happenings are shaped by past events. Students will become more aware of geography, economics and social issues. A study of the role the United States plays in the world today will be explored.
01/30  F  8/16 wks  8:30-11:30  LC

S20 HSD WORLD HISTORY  Roberts
We will examine how today’s happenings are shaped by past events. Students will become more aware of geography, economics and social issues. A study of the role the United States plays in the world today will be explored.
01/28  T  8/16 wks  8:30-11:30  LC

The College Connection
A Maine College Transitions program
A program of Belfast Adult Education

The College Connection provides FREE:

- Study skills
- Math prep
- College awareness
- College placement
- Reading/Writing
- Counseling
- Computer skills
- Financial aid info
- Educational assessment
- More!

Building a bridge to your future . . .

Interviewing for Spring 2020 registration.

To set up an appointment or obtain more information, call Carolyn Haskell at 338-3197; email at collegeconnection@rsu71.org, visit in person at the BAE Learning Center, 6B Lions Way, Belfast, Maine 04915, go to the College Connection link on the main program website at http://belfast.maineadulted.org, or visit the direct link at https://sites.google.com/site/belfastcollegeconnection/home.
**MAINE COLLEGE TRANSITIONS (MCT)**

**COLLEGE TRANSITIONS**

Belfast Adult Education provides assistance to adults who are preparing for either post-secondary assessments or post-secondary program admission and find that they are either missing a specific course of study or who wish to review their skills. The MCT program includes two options. Learners may enroll in stand alone curriculum offerings that may be in the form of tutoring sessions or full courses, either classroom based or computer based through the Odysseyware system. Learners may also enroll in another option which is the Maine College and Career Access grant program. This is a comprehensive pre-college skills training program designed to refresh the learner’s skills in English, Mathematics, Technology and College Exploration. This option is presented at the UM Hutchinson Center.

**S20 CT ALGEBRA 1** McHatten

This course will cover the concepts presented in the typical high school college preparatory algebra curriculum.

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<tr>
<td>01/28</td>
<td>T</td>
<td>16 wks</td>
<td>2:40-5:40</td>
<td>$85 LC</td>
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</table>

**S20 CT ALGEBRA 2** McHatten

This course will cover the following topics: solving problems using equations, inequalities, linear equations and functions; products and factors of polynomials and rational expressions; quadratic equations and functions; radicals and exponents; direct and inverse variations, sequences, as well as an introduction to trigonometry.

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<tbody>
<tr>
<td>01/30</td>
<td>Th</td>
<td>16 wks</td>
<td>2:40-5:40</td>
<td>$85 LC</td>
</tr>
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</table>

**F20 CT LAB BIOLOGY** Widmer

This course provides an overview of biology topics for both plants and animals. Laboratory activities reinforce information learned in class and give practice with important skills including microscope use, dissection, and lab report writing. Graphing and science research techniques will also be covered. This course meets the prerequisite for college entrance. This course meets only in the fall semester.

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<tr>
<td>01/29</td>
<td>W</td>
<td>16 wks</td>
<td>8:30-11:30</td>
<td>$85 LC</td>
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</table>

**S20 CT LAB BIOLOGY** Widmer

This course provides an overview of biology topics for both plants and animals. Laboratory activities reinforce information learned in class and give practice with important skills including microscope use, dissection, and lab report writing. Graphing and science research techniques will also be covered. This course meets the prerequisite for college entrance. This course meets only in the spring semester.

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<tr>
<td>01/28</td>
<td>T</td>
<td>16 wks</td>
<td>5:30-8:30</td>
<td>$85 BAHS</td>
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</table>

**F20 CT LAB CHEMISTRY** Widmer

This course provides an overview of concepts and computations in chemistry. Laboratory activities reinforce information learned in class and give practice with important skills including instrument use, management of chemicals, and lab report writing. Graphing and science research techniques will also be covered. This course meets the prerequisite for college entrance. There will be a book deposit of $20.00. This course meets only in the fall semester.

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<tr>
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<td>M</td>
<td>16 wks</td>
<td>8:30-11:30</td>
<td>$85 LC</td>
</tr>
</tbody>
</table>

**S20 CT GEOMETRY** McHatten

This course presents major geometrical concepts while emphasizing the integration of Algebra. Topics include angle relationships and measurement, application of parallel and perpendicular lines, use of similar polygons, right triangles and the Pythagorean Theorem, circles, areas and perimeters of plane figures and surface area and volume of solids.

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</table>

Maine College Transitions is perfect for those who want to further their education and already have a high school diploma or equivalency. Hundreds of students have taken Maine College Transitions and gained entrance into trade schools, community colleges, and four-year colleges or universities.

If you have a dream and the desire, we have the tools that will help you get to your goal.

MaineCollegeTransitions.org
Online Career Training Programs

Our online programs can start you on a path to an in-demand profession or help advance your current career with industry certification. You may begin these programs at any time and learn at your own pace. Upon successful completion of all coursework, you will receive a certificate of completion.

Features:
- 6-18 month self-paced, start anytime
- Textbook and materials included
- Prepare for industry certification
- Certification exam vouchers are included
- Financial assistance available
- Student advisors provide you coaching, motivation, and career readiness support

All materials are included in the program fees. Each course has an Instructor assigned to answer questions and solve student problems.

Jump Start Your Career or Find a New One

CPC Medical Billing and Coding (Voucher Included)
This program with 60 HRS of medical terminology training gives you a competitive edge in entering the healthcare field. 340 HRS

Certified Bookkeeper
The Certified Program helps professional bookkeepers earn prestigious American Institute of Professional Bookkeepers (AIPB) certification. 140 HRS

Pharmacy Technician (Voucher Included)
Pharmacy technicians support licensed pharmacists in providing healthcare to patients. Train to enter this rapidly growing field with this respected online program. 330 HRS

Human Resources Professional
Master the skills you need to gain an entry-level position in human resources and prepare to take the PHR (Professional in Human Resources) certification exam. 120 HRS

Certified Medical Administrative Assistant (CCMA) (Voucher Included)
This program will train students to handle the increasing complexities of healthcare management and patient care in offices of physicians and other providers. 160 HRS

Certified Outpatient Coder (Voucher Included)
This program teaches the competencies needed to prepare you to sit for the AAPC Certified Outpatient Coder (COC) certification exam. 200 HRS

HVACR Certified Technician
The HVACR Certified Technician program is a comprehensive online training that encompasses heating, ventilation, air conditioning, and refrigeration. 265 HRS

Web Applications Developer
Master the skills you need to create dynamic database-driven websites using the latest technologies. 360 HRS

Professional Bookkeeping with QuickBooks 2015, Software Included
This program teaches students how to master professional bookkeeping using QuickBooks 2015 software. 140 HRS

Payroll Practice and Management (Voucher Included)
Become knowledgeable in all facets of payroll rules and regulations, and join one of the fastest-growing career fields today. 100 HRS

SSCP Systems Security Certified Practitioner (Voucher Included)
This program is an ideal course for individuals interested in advancing their knowledge of information and systems security. 75 HRS

CompTIA Security+ Certification Training (Voucher Included)
Take your first step toward a career as a security professional and prepare yourself for the CompTIA Security+ certification exam as you master the basics of system security, network infrastructure, access control, and organizational security. 80 HRS

CompTIA A+ Certification Training (Voucher Included)
CompTIA A+ certification is the industry standard for validating the skills of entry-level computer technicians. It opens the door to an exciting career in computer technology, and ed2go’s online program makes training convenient and interactive. 230 HRS

ICD-10 Medical Coding
Prepare for the future of medical coding by mastering the steps for using the ICD-10-CM and ICD-10-PCS to code medical diagnoses and procedures. 200 HRS

Certified Information Systems Security Professional (CISSP)
CISSP is one of the most valued certifications in the IT security industry. This online program will prepare you to sit for the CISSP certification exam, and the exam cost is included. 150 HRS

Grant Writing
Learn to write grant proposals that get funded in this nationally recognized Grant Writing online training program. 300 HRS

Certified Wedding Planner
This comprehensive program covers everything an aspiring wedding planner needs to know to get started in the business. This program will provide all the knowledge you need to work as a professional wedding planner or start your own business. 340 HRS

Advanced Hospital Coding and CCS Prep
This program will utilize your existing knowledge of medical terminology and healthcare sciences. Increase your coding skills and prepare to take the certification exam to become a Certified Coding Specialist. 80 HRS

CNA: Routing and Switching (Voucher Included)
Gain the knowledge to install, configure, operate, and troubleshoot medium-size routed and switched networks while preparing you for the 200-125 CCNA exam or the 100-105 ICND1 and 200-105 ICND2 exams. 180 HRS

CBCS Medical Billing and Coding (Vouchers Included)
This nationally recognized program combines the Medical Billing and Coding program with 60 hours of medical terminology training to give you a competitive edge in the healthcare field. 340 HRS

To enroll or learn more, visit or call us at:

(207) 338-3197
careertraining.ed2go.com/belfastae
MAINE COLLEGE AND CAREER ACCESS

S20 MCCA THE COLLEGE CONNECTION  Haskell, Pendleton, Widmer

We invite you to step ahead and find out if college is right for you. Whether you are thinking about attending college for the first time or going back to finish your degree, we can help you prepare. We provide an opportunity to update a variety of skills you will need to succeed in college, plus access to a unique scholarship. We offer comprehensive academic advising and career planning designed just for your needs. You will have guidance with every aspect of getting ready for college including applying for financial aid, finding scholarships, and completing college applications. We’re here for you every step of the way — we’ll help you succeed! The program is offered at no-cost, but students will be assessed a book fee.

01/28  17 wks  9:00-5:30  UM-Hutchinson Center

S20 MCCA MEOC – ESSENTIALS OF COLLEGE PLANNING  Staff

Have you thought about going to college but didn’t know where to start? In a one hour meeting, Maine Educational Opportunity Center can help you find out more about how you get started, the admission and financial aid process and narrowing down your plan. Please bring your 2019 Federal Tax Return and w2’s so that we may complete the Free Application for Federal Student Aid. Contact Kate Walsh at 949-6501, keviz@maine.edu, or call the MEOC office at 1-800-281-3703 to register. We’re FREE!

LITERACY VOLUNTEERS OF WALDO COUNTY

Literacy Volunteers of Waldo County (LVWC) is a program within Belfast Adult Education that provides free, confidential services to adults (ages 18 and older) who would like to improve their reading, writing, conversation, math and/or computer skills. Trained volunteers work with adults on a one-to-one basis via a private setting, preferably within the learner’s own community. Learning sessions are scheduled around work and other obligations. The specific needs of each learner are addressed in a convenient and comfortable manner. Assistance is available for native speakers as well as new English learners. Contact Denise Pendleton, the Facilitator, for more information.

Do you want help with literacy skills or know someone else who does? Would you like to be a literacy volunteer or help with the literacy program in other ways? Contact BAE at 207-338-3197 or email Literacy Volunteers at waldoreads@rsu71.org, or check the web at www.waldoreads.org.

S20 LV LITERACY VOLUNTEER TRAINING  Staff

Literacy Volunteers offers a variety of training opportunities. There will also be bimonthly training opportunities that include basic orientation and effective tutor practices and development of reading skills. See the web site, www.waldoreads.org for more information.

The first is a four session training course that will acquaint current and potential volunteers with theory and strategies to help adults with their reading and writing skills There is no registration fee for this course. The course is for the spring semester only.

TBD  4 wks  6:00-8:00  LC

S20 LV THE WRITING CENTER  Staff

Staffed by Literacy Volunteers, the Writing Center offers a place where you can drop in to get free assistance on any kind of writing project, be it reports, school assignments, college essays or applications, resumes and other job application materials. Tutors will be available to provide one-on-one assistance with access to the Adult Ed computer lab for working on revisions and accessing your documents online. The Writing Center will be available for one evening a week. Call for information and details about the schedule.

Arr  LC

DISTANCE LEARNING

ODYSSEY WARE  Widmer

Belfast Adult Education offers the Odysseyware on line distance learning software program. This software program encompasses instruction in academic content areas, work force training, basic skills development and a variety of assessment functions. Adult learners will have the option of accessing the software either at the Learning Center or from any location at which a computer with appropriate settings is available. OdysseyWare is an option for those students who are competent in computer operations and can work independently with little supervision. Academic assessments such as quizzes and tests must be completed at the Learning Center. Contact the main office for information about the program.

Arr  LC

Ed2Go  Pendleton

Belfast Adult Education has partnered for many years with Ed2Go. Ed2Go is a distance learning system that was primarily technology and work environment training oriented initially. The system has now expanded to include many different fields of study including education and business management and health care. Go to our partner web site at www.ed2go.com/belfastae for information on course offerings, registration, payment and student assistance. Courses start as low as $80.00.

CONDENSED CURRICULUM INTERNATIONAL –CCI

Since 1993, CCI has been offering innovative allied health care training and education program services in partnership with community colleges and universities. Currently, with over 250 college partnerships operating in 40 states – CCI offers Pharmacy Technician, Medical Billing and Coding, Phlebotomy and EKG Technician, Certified Nursing Assistant and other leading health care program services. CCI programming may be obtained online in the form of 24 hour a day instructor support and course mentors. All student materials are provided and communication is through a secure web site. Many programs offer national and/or state certification.

Some online courses and their enrollment fees are: Pharmacy Technician - $1299; Dental Assisting - $1299; Clinical Medical Assistant - $2499; Medical Billing and coding - $1399; and EKG Technician - $1299.

To learn more about CCI, please visit us on the web at www.condensed-curriculum.com.

TRAINING/RETRAINING

S20 T/R WORK READY  Pendleton

WorkReady is a sixty hour training program that focuses on transferable skills necessary for obtaining and keeping a job. Upon successful completion of the program a WorkReady credential will be issued by the Maine Department of Labor. This credential, when presented to a prospective employer, certifies that the presenter has completed the program and possesses the requisite skills. There is no registration fee for this program.

TBD  W  15 wks  2:30-6:00  LC

OFFICE SKILLS CERTIFICATE PROGRAM

S20 T/R OFFICE SKILLS CERTIFICATE  Staff

Improve your earning potential by completing a certificate in Skills Certificate Program. Belfast Adult Education offers certificates in general office skills, medical office skills and office technology. Each certificate requires successful completion of a prescribed set of courses. Please contact the Learning Center main office for a program brochure or more information. Enroll Now! Don’t miss this exciting opportunity!

Arr  16 wks  LC

Check our website for new and up to date information on course offerings. http://belfast.maineadulted.org
GENERAL ENRICHMENT PROGRAM

COMMUNITY FOR COMMUNITY

F20 GE ABOUT BOATING SAFELY  Gilman
This US Coast Guard Auxiliary course provides recreational boaters with the basic knowledge and skills to boat safely on either inland or coastal waters. Topics included in the ABS course are the same as those listed in the BSS course but are presented in a shorter time format and with not as much detail. Students will take a multiple choice exam at the conclusion of the course. Participants successfully passing the course will be issued a USCGA certificate that may be used to satisfy any future state boat operator certification as well as possibly earning a discount on boat insurance. This course is approved by the National Association of Boating Law Administrators (NASBLA). Pre-registration is required and may be completed by contacting Darrell Gilman at 338-5516 or by email at drgilmanaux@gmail.com. This course meets in the fall semester ONLY.

S20 GE AMERICAN HEART ASSOCIATION- CPR and FIRST AID  Gilman
Belfast Adult Education employs American Heart Association certified staff to present Instruction in Basic Life Support cardio-pulmonary resuscitation (CPR), Automated External Defibrillation (AED) and First Aid. Adult learners seeking certification/recertification may select either Heart Saver or Health Care Provider CPR/AED courses depending on need. Both Heart Saver and Health Care Provider CPR programs and First Aid will be offered on a rotating monthly schedule throughout the year. A written quiz is required for the Health Care Provider program but not for the Heart Saver program. Interested persons should contact the main office by the first of every month to obtain information regarding specific offerings and registration fees.

S20 GE PREPAREDNESS 101: AN INTRODUCTION TO BEING PREPARED  EMA
Disasters can and do happen! Are you ready? Are you willing to risk the safety and security of your family? Being prepared can be easy and inexpensive. The Waldo County Emergency Management Agency (EMA) hosts an emergency preparedness course that will provide you and your family with information you need to deal with the impacts of a natural or man-made disaster. Information materials provided. Courses will be held at the EMA headquarters in Belfast located next to the jail. Anyone interested in participating should register by calling the EMA office at 338-3870, email at ema@waldocountyme.gov, or in person. There is no fee for this course.

F20 GE HUNTER SAFETY  Drinkwater
The Department of Inland Fishers & Wildlife’s Hunter Education Course is more than a “gun safety” class. The course covers proper handling, survival/first aid, responsibility, map and compass, landowner relations and rifles and shotguns. Students are given a course handbook, outdoor survival information and handouts. Classes are taught by a trained, certified instructor and involve lectures and demonstrations, homework, field experiences and a final written exam. You must attend every class in order to receive your certificate as well as study at home. Students must be 10 years old and be accompanied by a parent or guardian during the entire course. All parents are urged to take the course with their children. Class size is limited and pre-registration is required. Class size is limited and pre-registration is required. Class meets in Belfast on and in Searsport on Monday, Each class session is scheduled for 6:00-9:00pm. Maximum class size is 40. Registration and payment must be submitted to the main office of Belfast Adult Education no later than one week prior to start of class. No walk-ins will be admitted. This course is offered in the fall ONLY.

Work Ready™ is an initiative of Maine’s four Local Workforce Investment Boards and the Maine Department of Education and is supported by a statewide steering committee comprised of MDOE – Adult Education, MDOL, MDC, Maine’s 4 Local Workforce Investment Boards, and representatives from the private sector. The 60 hour soft skills based training is designed to provide successful participants with not only skills essential in today’s workplace, but also a portable credential. The Work Ready™ Credential is endorsed by businesses throughout the state.

The Work Ready™ curriculum addresses seven basic standards including personal motivations and challenges to employment, effective communication and interpersonal skills, understanding taxes and benefits, job searching, and resume and portfolio preparation. While the name “Work Ready” may imply that the program is designed for individuals with little to no work experience, it is actually highly applicable to a wide variety of individuals with varying degrees of training, education, and occupational skills. Successful programs have been conducted through local Adult & Community Education for the general public (including ASPIRE participants, retirees, individuals with post-secondary degrees, etc.), to displaced workers through NEG’s, to incumbent employees (where the employer has paid them for their participation and also paid for the instructional costs), to high school students and youth.

People who complete the Work Ready Credential Program will be able to:
1. Understand how to be successful employees based on individual strengths and personal awareness
2. Develop a plan for employment based on career interests.
3. Know how to seek and apply for a job.
4. Understand how to communicate effectively in the workplace.
5. Work effectively with co-workers and as part of a team.
6. Demonstrate basic work knowledge.
7. Demonstrate an awareness of work-related safety and importance.

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7. Demonstrate an awareness of work-related safety and importance.
S20 GE INVEST - RULES OF THE ROAD  O’Roak
This course is a forty minute program that will provide participants with ten principles for sound investing and also discuss how to identify and avoid the most common investment mistakes.
02/26  W  1 wk  6:00-7:00  No Fee  LC

S20 GE INVEST – STOCKS: THE NUTS AND BOLTS  O’Roak
Stocks play a major role as investors try to reach their long term financial goals. This presentation shares basic information to help investors evaluate how this type of investment may fit into an overall strategy.
03/18  W  1 wk  6:00-7:00  No Fee  LC

S20 GE NEW VENTURES MAINE  Staff
New Ventures Maine, a statewide organization with Micost Offices in Rockland and Brunswick, helps Maine people succeed in their jobs, businesses and communities. Whether your goal is building your career, starting or growing your small business, managing your money, returning to school, or being active in the community, New Ventures Maine is here to help through classes and workshops at no charge including in-person and online options as well as one-on-one coaching for individuals.

Please contact Melinda Wildes at 593-7942 or Melinda.wildes@maine.edu for more information or to register. You may also register on line at bit.ly/RegisterNVME.

Because learning is lifelong, and curiosity never ends!

Courses are offered in in a variety of subjects including history, literature, religion, philosophy, political science, and computers. Painting, photography, languages, sciences, and finances are also frequently offered. Among course offerings that defy categorization have been wine, comedy, movies, bicycling, navigation, local politics, aging, genealogy, and antiques!

Winterim: January 16 - February 6, 2020
Spring Session: March 26 - April 30, 2020

PERSONAL INTEREST

S20 GE BOB DYLAN – “HIGHWAY 61 REVISITED”  Brown
Come listen to and learn about the life and works of the most influential poet, songwriter and cultural icon of the second half of the 20th Century, Nobel Laureate Bob Dylan.
02/04  W  6 wks  7:30-8:30  $26  BAHS

S20 GE A TASTE OF UKE  Anderson
Wondering why the ukulele has made such a big comeback? It’s about the most accessible musical instrument going. Take this class and you will see what folks of all ages have discovered. You will be playing a couple of songs before you leave the first class! We will be looking at chords and strumming patterns while we play lots of songs.
Contact the instructor for more information on obtaining classroom materials by email at andoanderson51@yahoo.com. This is in addition to the registration paid to adult education that is listed below. This course meets in the spring semester ONLY.
03/04  Th  6 wks  7:00-8:00  $17  BAHS
### CRAFTS

**S20 GE CARD MAKING 101**  
Falconer  
Learn how to make beautiful cards that will amaze and impress your friends. Join us for 6 weeks of stamping fun – no experience necessary! You will master the art of stamping, embossing, die cutting, watercoloring with pencils and more while completing 3 cards each week. Supplies for this class include the Stampin’ Up Basics kit (available from the instructor for $30.00). The kit includes ink pad, acrylic block, blender pen, 2 adhesives, tamp set and 3 idea books. All other supplies will be provided by the instructor.

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**S20 GE STAINED GLASS BEGINNER/ADVANCED**  
Wheelock  
This course is for those who always wanted to learn to work with stained glass. You will be taught how to cut glass, how to work with copper foil, and the proper way to solder. You will be introduced to all the tools of the trade, as well as most of the materials, including the various types of glass. When you have completed this course you will have finished projects to show for it, as well as a mastery of the basic skills used in the craft of stained glass. Please call the instructor first at 548-1038 for session placement. Once placed then contact the main office at 338-3197 to register. Materials fee of $15 is payable to instructor.

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### FINISHES & WELLNESS

**S20 GE LETS PLAY PICKLEBALL**  
Staff  
Come join the Pickleball staff for fun and exercise with one of the fastest growing sports in the country. Pickleball is a racquet sport with elements of tennis, table tennis and badminton. Need motivation? Our Pickleball group will have you playing over and over again. Meet that New Years resolution the fun way. A fee of $10 payable to the staff is required for game materials and equipment. All sessions will be held at the Captain Stevens Elementary School in Belfast. Class has a maximum enrollment of 12. Gym appropriate shoes are required.

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**S20 GE LETS PLAY PICKLEBALL II**  
Staff  
This class is for those who have taken the first session of pickleball or are familiar with the game beyond the basics. Improve your skills and confidence. A fee of $10 payable to the staff is required for game materials and equipment. All sessions will be held at the Captain Stevens Elementary School in Belfast. Class has a maximum enrollment of 16. Gym appropriate shoes are required.

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### HERBAL MEDICINE INSTRUCTION

**S20 GE LYME TIME – INTEGRATIVE APPROACHES TO DISEASE AND CO-INFECTIONS**  
Byers  
Ticks and Lyme Disease have become a common concern for all Mainers. How to understand the nature of Lyme Disease and ticks is critical to reducing rates of infection. This class will focus on the benefits of creating a holistic and integrative understanding of Lyme Disease and co-infections while also addressing concerns of preventing tick bites, infection and ways to treat tick bites naturally. This class will be taught by Steve Byers, a clinical herbalist living and practicing in Belfast.

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**S20 GE RAIL-TRAIL MEDICINAL PLANT WALK**  
Byers  
This special class will offer a close up look at the medicinal plants growing along the Belfast Rail to Trail. The class will meet at the Belfast Footbridge parking lot with the trail to learn the names and uses of dozens of plants growing along side the Trail. This class is taught by Steve Byers, a clinical herbalist living and practicing in Belfast.

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### FOREIGN LANGUAGES

**S20 GE SPANISH – BEGINNER**  
Garcia  
Beginner’s Spanish focuses on basic elements, giving emphasis to the development of spoken language skills. One goal will be “thinking on one’s feet” – self expression. Classroom practice spans the gamut from traditional through situational exercises and total physical response techniques. After having taught at secondary and university levels for twenty years, Paul Garcia earns his living as a translator and interpreter. He has lived and worked in Puerto Rico, Mexico, Spain and Argentina. A $15 book fee to be paid to instructor at first class.

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**S20 GE SPANISH – INTERMEDIATE**  
Garcia  
Intermediate Spanish expands on elements introduced in the Beginner’s Spanish course, further developing spoken language skills and gradually delving into literature and culture. After having taught at secondary and university levels for twenty years, Paul Garcia earns his living as a translator and interpreter. He has lived and worked in Puerto Rico, Mexico, Spain and Argentina. A $15 book fee to be paid to instructor at first class.

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**S20 GE RUSSIAN – LEVEL 3**  
Lopyreva  
This course will introduce the Russian alphabet, topics such as “My Free Time”, “My Home”, and “My Household”. Learners will continue to work on plural nouns, verb conjugation and verb tenses, adjectives and pronouns in small dialogues and texts. A $25 book fee is to be paid to instructor at first class.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Weeks</th>
<th>Time</th>
<th>Price</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>03/24</td>
<td>T</td>
<td>8</td>
<td>5:30-7:00</td>
<td>$37</td>
<td>BAHS</td>
</tr>
</tbody>
</table>

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**Check us out on the web:**  
www.waldoreads.org  
~ Free, Local, One-to-One Support ~
MONDAY & WEDNESDAY
(MEETS EVERY OTHER WEEK)

ADVANCED FINE WOODWORKING Instructor: Rich Benedict
Students will bring their own project to the class, and pay for all material cost. I will guide them through the design, how and where to maintain materials and hardware, fabrication, and finish of their project as needed. *This course is for students who have previously taken the Introductory Fine Woodworking class.

Minimum of 8 / Maximum of 12 students.

Begins: 1/20/20  6:00 pm – 9:00 pm  10 weeks
Class meets:  Jan. 20, 22, Feb 3, 5, 17, 19, Mar 2, 4, 16, 18, 30, Apr 1, 13, 15, 27, 29, May 11, 13, 25, 27

Fee: $450 tuition (includes all supplies)
Class fee must be paid in full by Thursday, January 16th.

SNOW DAYS
In case of a storm or emergency, “NO adult education” announcement for WCTC will be broadcast over WLBZ Channel 2, WABI Channel 5, WVII Channel 7, WKIT 100.3, WZON 620AM, WDME 103.1, Q106.5, Z107.3, 92.9. In addition, a message will be left on the Adult Ed voice mail 342-5231 ext 202.

PLEASE NOTE NEW POLICY:
Because of decreased federal financial support. Pre-registration with deposit must be made 4 business days before course is scheduled to start. Refunds will be made if a course is canceled. No other refunds will be made.

TUESDAY & THURSDAY
(ADDITIONAL DAYS & WEEKEND HOURS REQUIRED FOR LABS & CLINICAL SHIFTS)
(Holidays and weather may require some Wednesday night classes.)

CERTIFIED NURSING ASSISTANT Instructor: Candy Wentworth
This 180-hour course meets all of the requirements set by Federal and Maine State Governments. Successful completion of both academic and clinical portions of this course prepares an individual for the Maine State Department of Education certification examination. Students will learn skills necessary to provide health care in a hospital or nursing home setting. Diploma or GED is preferred for class, but if either of these can not be provided a reading test will be required. A State Bureau of Identification (SBI) check will be initiated with application and forwarded to State of Maine Registry for Certified Nursing Assistants. Students will receive forms that require a doctor’s signature to provide documentation of immunizations for Rubella (German Measles), Rubeola (Old Fashioned Measles) – if born after 1956, PPD intradermal tests (TB, Tuberculin test) – within 6 months of clinicals beginning, and Hepatitis B vaccine as well as a Physical Assessment. Uniform fees are additional; closed toe shoes and a gait belt are required for clinical.

Pre-registration with 10% deposit is required to ensure enrollment into courses with limited number.

Pre-registration with 10% deposit is required to ensure enrollment into courses with limited number.

Minimum of 10 / Maximum of 20 students.

Begins: 1/14/20  5:30 pm – 9:00 pm  16 weeks
Fee: $1,050 tuition plus $100 book & background check
TUESDAY

BASIC WELDING Instructor: Bailey-Farrar
This course is designed to teach students beginning skills in Stick, Mig, and Tig welding. Also Oxy-Acetylene and Plasma Arc cutting and Blacksmithing will be covered.

* Interested students must attend the first class in order to be able to take Welding class.

Minimum of 8 / Maximum of 10 students.
Begins: 1/7/20  6:00 – 9:00 pm  15 weeks (45 hours)
Fee: $300
Class fee must be paid in full by Friday, January 3rd.

THURSDAY

WELDING Instructor: Bailey-Farrar
This course is designed for students to develop welding skills to a higher level. Students will have the opportunity to concentrate on a particular process or practice for certification and/or work on individual welding projects.

* This course is for students who have previously taken the Basic Welding experience.

Minimum of 8 / Maximum of 10 students.
Begins 1/9/20  6:00 – 9:00 pm  15 weeks (45 hours)
Fee: $300 + an additional material fee based on individual need
Class fee must be paid in full by Friday, January 3rd.

WALDO COUNTY TECHNICAL CENTER

MISSION STATEMENT

As in the day program, the mission of the Waldo County Technical Center (WCTC) Adult Education Program is to provide quality technical education programs and appropriate skills for employment and post secondary education for the people of Waldo County.

In addition, WCTC offers and has offered personal enrichment classes of all types based on public demand. We have surveyed the community to determine needs, but are always open to ideas that meet our stated mission, as well as different types of personal enrichment courses. If you have ideas for adult education programming, please call Kevin A. Michaud or Lawrene Blair.

The Waldo County Technical Center is located on Route 137, approximately four miles from Belfast.

It offers technical classes and serves the school systems of RSU #3, #20 and #71.

VETERANS AND ELIGIBLE DEPENDENTS…

PLEASE NOTE — BENEFIT $$$$ MAY BE AVAILABLE TO YOU!

- If your benefit period has not expired, you may be eligible for monthly payments of up to $800 while you are preparing for a new career.
- To inquire about your eligibility, call the Veterans Administration at 1-888-442-4551.
- To learn about available training programs, contact your Adult Education Center or the State Approving Agency for Veterans Education at (207) 377-4661.

Want help with reading?
Call 338-3197
Email: waldoreads@rsu71.org
Check us out on the web: www.waldoreads.org

~ Free, Local, One-to-One Support ~
## COURSES AT A GLANCE

**Adult Education Courses and Locations Throughout Waldo County**

### Monday

<table>
<thead>
<tr>
<th>RSU #3</th>
<th>Course</th>
<th>Start</th>
<th>Sessions</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>PLATO (M, W &amp; TH)</td>
<td>1/6</td>
<td>FY 19-20</td>
<td>Individualized</td>
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<tr>
<td></td>
<td>PHOTOGRAPHY I</td>
<td>4/6</td>
<td>1 night</td>
<td>6:30-9:00</td>
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<tr>
<td></td>
<td>PHOTOGRAPHY II</td>
<td>4/13</td>
<td>1 night</td>
<td>6:30-9:00</td>
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<tr>
<td></td>
<td>PORTRATURE</td>
<td>4/27</td>
<td>1 night</td>
<td>6:30-9:00</td>
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<td></td>
<td>HOW TO LIVE ON A SHOESTRING</td>
<td>4/6</td>
<td>1 night</td>
<td>6:00-8:00</td>
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<tr>
<td></td>
<td>WATERCOLOR FOR BEGINNERS</td>
<td>4/13</td>
<td>3 weeks</td>
<td>6:00-8:00</td>
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<tr>
<td></td>
<td>YAYMAKER PAINT NITE</td>
<td>4/27</td>
<td>1 night</td>
<td>6:00-8:00</td>
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<tr>
<td></td>
<td>COMMERCIAL DRIVER LICENSE:</td>
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<td></td>
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<tr>
<td></td>
<td>CLASS A&amp;B: Session I</td>
<td>11/18</td>
<td>M-F</td>
<td>8:30-12:30</td>
</tr>
<tr>
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<td>CLASS A&amp;B: Session II</td>
<td>1/6</td>
<td>M-F</td>
<td>8:30-12:30</td>
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<tr>
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<td>CLASS A&amp;B: Session III</td>
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<td>M-F</td>
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<td>CLASS A&amp;B: Session IV</td>
<td>3/9</td>
<td>M-F</td>
<td>8:30-12:30</td>
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<td></td>
<td>CLASS A&amp;B: Session: V</td>
<td>4/13</td>
<td>M-F</td>
<td>8:30-12:30</td>
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<tr>
<td></td>
<td>CLASS A&amp;B: Session VI</td>
<td>5/18</td>
<td>M-F</td>
<td>8:30-12:30</td>
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<tr>
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<td>BELFAST</td>
<td></td>
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<tr>
<td></td>
<td>ABE READING</td>
<td>1/27</td>
<td>16 weeks</td>
<td>11:35-5:40</td>
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<tr>
<td></td>
<td>HSD PHYSICAL SCIENCE-FALL</td>
<td></td>
<td></td>
<td>16 weeks</td>
</tr>
<tr>
<td></td>
<td>HSD EARTH SCIENCE-SPRING</td>
<td>1/27</td>
<td>16 weeks</td>
<td>11:35-2:35</td>
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<tr>
<td></td>
<td>HSD GEOMETRY</td>
<td>1/27</td>
<td>16 weeks</td>
<td>2:40-5:40</td>
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<td>HSD HEALTH</td>
<td>1/27</td>
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<td>8:30-11:30</td>
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<td>HSD PHYSICAL SCIENCE-FALL</td>
<td></td>
<td></td>
<td>16 weeks</td>
</tr>
<tr>
<td></td>
<td>HSD WORLD HISTORY</td>
<td>1/27</td>
<td>16 weeks</td>
<td>8:30-11:30</td>
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<td>HiSET FINAL TESTING</td>
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<td>call</td>
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<td>1/27</td>
<td>16 weeks</td>
<td>2:40-5:40</td>
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<td>ABE FACEBOOK-INTRODUCTION</td>
<td>3/23</td>
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<td>12:30-2:30</td>
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<td>ABE INTRODUCTION</td>
<td>5/4</td>
<td>3 weeks</td>
<td>12:30-2:30</td>
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<tr>
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<td>ABE MS COMPUTER BASICS</td>
<td>1/27</td>
<td>6 weeks</td>
<td>12:30-2:30</td>
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<td>GE HUNTER SAFETY-FALL ONLY BELFAST</td>
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<td>2 weeks</td>
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<td>GE HUNTER SAFETY-FALL SEARSSPORT</td>
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<td>2 weeks</td>
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<td>GE MEDICARE 101 WORKSHOP</td>
<td>3/16, 5/24</td>
<td>1 week</td>
<td>5:00-6:30</td>
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<td>GE PAPER PIECING-FALL</td>
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<td>8 weeks</td>
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<tr>
<td></td>
<td>GE STAINED GLASS BEGINNER</td>
<td>1/27</td>
<td>10 weeks</td>
<td>6:00-9:00</td>
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<tr>
<td></td>
<td>WCTC</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>ADVANCED FINE WOODWORKING</td>
<td>(M&amp;W every other week)</td>
<td>1/20</td>
<td>10 weeks</td>
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### Tuesday

<table>
<thead>
<tr>
<th>RSU #3</th>
<th>Course</th>
<th>Start</th>
<th>Sessions</th>
<th>Time</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>COMMUNITY FITNESS</td>
<td>1/7</td>
<td>3 months</td>
<td>6:30-8:30</td>
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<td>HIGH SCHOOL BIOLOGY</td>
<td>1/7</td>
<td>15 weeks</td>
<td>6:00-7:00</td>
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<td></td>
<td>AMERICAN HEART ASSOC. HEARTSAVER, INFANT, CHILD &amp; ADULT CPR/AED (T&amp;TH)</td>
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<td>TBA</td>
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<td>YAYMAKER PAINT NITE</td>
<td>2/25</td>
<td>1 night</td>
<td>6:00-8:00</td>
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<tr>
<td></td>
<td>DAISY LANE CLIPBOARD</td>
<td></td>
<td></td>
<td>Session I:</td>
</tr>
<tr>
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<td></td>
<td></td>
<td>Session II:</td>
<td>3/17</td>
</tr>
<tr>
<td></td>
<td>YOGA</td>
<td></td>
<td></td>
<td>Session I</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Session II</td>
<td>TBD</td>
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<td>BELFAST</td>
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<td>ABE READING</td>
<td>1/28</td>
<td>16 weeks</td>
<td>10:00-4:00</td>
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<tr>
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<td>HSD ALGEBRA 1</td>
<td>1/28</td>
<td>16 weeks</td>
<td>2:40-5:40</td>
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<td>HSD EARTH SCIENCE</td>
<td>1/28</td>
<td>16 weeks</td>
<td>11:35-2:35</td>
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<td></td>
<td>HSD ENGLISH</td>
<td>1/28</td>
<td>16 weeks</td>
<td>6:00-9:00</td>
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<tr>
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<td>HSD ENGLISH – MYTHOLOGY</td>
<td>1/28</td>
<td>16 weeks</td>
<td>11:35-2:35</td>
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<tr>
<td></td>
<td>HSD GEOGRAPHY</td>
<td>1/28</td>
<td>16 weeks</td>
<td>2:40-5:40</td>
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<tr>
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<td>HSD US HISTORY</td>
<td>1/28</td>
<td>16 weeks</td>
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<td>HSD WORLD HISTORY</td>
<td>1/28</td>
<td>16 weeks</td>
<td>8:30-11:30</td>
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<td></td>
<td>HiSET FINAL TESTING</td>
<td></td>
<td></td>
<td>call</td>
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<tr>
<td></td>
<td>CT ALGEBRA 1</td>
<td>1/28</td>
<td>16 weeks</td>
<td>2:40-5:40</td>
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<tr>
<td></td>
<td>CT ATP LAB BIOLOGY-FALL ONLY</td>
<td></td>
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<td>16 weeks</td>
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<td>CT ATP LAB CHEMISTRY-SPRING ONLY</td>
<td></td>
<td></td>
<td>1/28</td>
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<td>CT MCCCA COLLEGE CONNECTION</td>
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<td>1/28</td>
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<tr>
<td></td>
<td>GE BOB DYLAN – HIGHWAY 61 REVISITED</td>
<td></td>
<td></td>
<td>2/4</td>
</tr>
<tr>
<td></td>
<td>GE CARD MAKING 101</td>
<td>1/28</td>
<td>6 weeks</td>
<td>6:00-8:00</td>
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<tr>
<td></td>
<td>GE RUSSIAN-LEVEL 3</td>
<td>3/24</td>
<td>8 weeks</td>
<td>5:30-7:00</td>
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<tr>
<td></td>
<td>GE LETS PLAY PICKLEBALL II</td>
<td>1/14, 3/3, 5/5</td>
<td>5 weeks</td>
<td>5:30-7:30</td>
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<tr>
<td></td>
<td>WCTC</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>BASIC WELDING</td>
<td>1/7</td>
<td>15 weeks</td>
<td>6:00-9:00</td>
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<tr>
<td></td>
<td>CERTIFIED NURSING ASSISTANT (T&amp;Th)</td>
<td>1/14</td>
<td>16 weeks</td>
<td>5:30-9:00</td>
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**NOTE:** Please check each program’s section for special course offerings and for TBA courses.

Please check district websites for up to date information on new courses, course cancellations and much more.
### Wednesday

#### RSU #3

<table>
<thead>
<tr>
<th>Course</th>
<th>Start</th>
<th>Sessions</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>HISSET PREP</td>
<td>1/8</td>
<td>All Year</td>
<td>5:00-8:00</td>
</tr>
<tr>
<td>YAYMAKER PAINT NITE</td>
<td>1/22</td>
<td>1 night</td>
<td>6:00-8:00</td>
</tr>
<tr>
<td>ADVANCED BEEKEEPER</td>
<td>3/18</td>
<td>5 weeks</td>
<td>6:30-9:00</td>
</tr>
<tr>
<td>GROW YOUR OWN ORGANIC GARDEN</td>
<td>4/8</td>
<td>1 night</td>
<td>6:00-9:00</td>
</tr>
<tr>
<td>YOGA Session I</td>
<td>Mid Jan. TBD</td>
<td>6 weeks</td>
<td>5:00-6:15</td>
</tr>
<tr>
<td>YOGA Session II</td>
<td>Mid Jan. TBD</td>
<td>6 weeks</td>
<td>5:00-6:15</td>
</tr>
<tr>
<td>YAYMAKER PAINT NITE</td>
<td>5/6</td>
<td>1 night</td>
<td>6:00-8:00</td>
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#### BELFAST

<table>
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<th>Course</th>
<th>Start</th>
<th>Sessions</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEMESTER ORIENTATION</td>
<td>1/22</td>
<td>1 week</td>
<td>1:00-5:00</td>
</tr>
<tr>
<td>ABE READING</td>
<td>1/29</td>
<td>16 weeks</td>
<td>10:00-4:00</td>
</tr>
<tr>
<td>ABE ENGLISH</td>
<td>1/29</td>
<td>16 weeks</td>
<td>11:35-2:35</td>
</tr>
<tr>
<td>ABE ENGLISH LAB</td>
<td>1/29</td>
<td>16 weeks</td>
<td>11:35-2:35</td>
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<tr>
<td>HSD ENGLISH LAB</td>
<td>1/29</td>
<td>16 weeks</td>
<td>11:35-2:35</td>
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<tr>
<td>HISSET FINAL TESTING</td>
<td>call</td>
<td>16 weeks</td>
<td>10:00-9:00</td>
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<tr>
<td>HSD ENGLISH</td>
<td>1/29</td>
<td>16 weeks</td>
<td>11:35-2:35</td>
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<tr>
<td>CT LAB BIOLOGY – SPRING ONLY</td>
<td>1/29</td>
<td>16 weeks</td>
<td>8:30-11:30</td>
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<tr>
<td>CT LAB CHEMISTRY – FALL ONLY</td>
<td>1/29</td>
<td>16 weeks</td>
<td>8:30-11:30</td>
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<tr>
<td>T/R WORK READY</td>
<td>1/29</td>
<td>15 weeks</td>
<td>2:40-5:40</td>
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<tr>
<td>GE ABOUT BOATING SAFELY – FALL</td>
<td>5/6</td>
<td>1 week</td>
<td>6:00-8:30</td>
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<tr>
<td>GE INVEST – RULES OF THE ROAD</td>
<td>2/26</td>
<td>1 week</td>
<td>6:00-7:00</td>
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<tr>
<td>GE INVEST – STOCKS</td>
<td>3/18</td>
<td>1 week</td>
<td>6:00-7:00</td>
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<tr>
<td>GE RAIL TRAIN WALK</td>
<td>5/6</td>
<td>1 week</td>
<td>2:00-4:00</td>
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<tr>
<td>GE STAINED GLASS – ADVANCED</td>
<td>1/29</td>
<td>8 weeks</td>
<td>6:00-9:00</td>
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<tr>
<td>GE A TASTE OF UKE – SPRING</td>
<td>3/4</td>
<td>6 weeks</td>
<td>7:00-8:00</td>
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#### WCTC

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<th>Course</th>
<th>Start</th>
<th>Sessions</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>FINE WOODWORKING (M&amp;W every other week)</td>
<td>1/20</td>
<td>10 weeks</td>
<td>6:00-9:00</td>
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### Thursday

#### RSU #3

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<tr>
<td>ENVIRONMENTAL SCIENCE</td>
<td>1/9</td>
<td>14 weeks</td>
<td>6:00-7:00</td>
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<tr>
<td>WITH LAB</td>
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<tr>
<td>STAMPIN’ WITH SHARECROPPERS</td>
<td>4/30</td>
<td>6 weeks</td>
<td>5:00-7:30</td>
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<tr>
<td>SOAP MAKING 101</td>
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<tr>
<td>Session I</td>
<td>3/5</td>
<td>1 night</td>
<td>6:00-7:30</td>
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<tr>
<td>Session II</td>
<td>6/4</td>
<td>1 night</td>
<td>6:00-7:30</td>
</tr>
<tr>
<td>BEGINNER BEEKEEPER</td>
<td>3/19</td>
<td>5 weeks</td>
<td>6:30-9:00</td>
</tr>
<tr>
<td>YAYMAKER PAINT NITE</td>
<td>3/13</td>
<td>1 night</td>
<td>6:00-8:00</td>
</tr>
<tr>
<td>DIY LOTION &amp; LIP BALM</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Session I</td>
<td>2/6</td>
<td>1 night</td>
<td>6:00-7:30</td>
</tr>
<tr>
<td>Session II</td>
<td>5/7</td>
<td>1 night</td>
<td>6:00-7:30</td>
</tr>
<tr>
<td>POLYMER CLAY JEWELRY MAKING</td>
<td>4/2</td>
<td>1 night</td>
<td>6:00-7:00</td>
</tr>
</tbody>
</table>

### Friday

#### BELFAST

<table>
<thead>
<tr>
<th>Course</th>
<th>Start</th>
<th>Sessions</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>HSD ENGLISH: THE GRAPES OF WRATH</td>
<td>1/31</td>
<td>16 weeks</td>
<td>8:30-11:30</td>
</tr>
<tr>
<td>HSD GENERAL BIOLOGY</td>
<td>1/31</td>
<td>16 weeks</td>
<td>8:30-11:30</td>
</tr>
<tr>
<td>HSD WORLD AFFAIRS</td>
<td>1/31</td>
<td>16 weeks</td>
<td>11:35-2:35</td>
</tr>
</tbody>
</table>

### Saturday

<table>
<thead>
<tr>
<th>Course</th>
<th>Start</th>
<th>Sessions</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEARN TO CURL</td>
<td>1/4</td>
<td>1 day</td>
<td>10:30-12:30 or 1:00-3:00</td>
</tr>
</tbody>
</table>
REGISTRATION INFORMATION

PRE-REGISTRATION is very important to ensure your place in the class. Many courses have limited space and are filled on a first-come, first-served basis.

Mail or walk in your registration with payment today!

REGISTRATION FORM
(Please Print)

Name: _________________________________  E-mail: _________________  DOB: _______  Phone: ________________
Address: _________________________________________  City: _________________  State: _____  Zip: _______

Please contact each program for fee information.

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Day of the Week</th>
<th>Amount Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.__________</td>
<td>_______________</td>
<td>__________</td>
</tr>
<tr>
<td>2.__________</td>
<td>_______________</td>
<td>__________</td>
</tr>
<tr>
<td>3.__________</td>
<td>_______________</td>
<td>__________</td>
</tr>
</tbody>
</table>

Total Amount Enclosed __________

Make check or money order payable to the appropriate Adult Education Program. Upon completion of registration and payment, you are enrolled. No confirmation will be sent. Mail form (do not mail cash) or drop it off at the appropriate adult education office. Register early to reserve your space!

RSU #3 Adult Education  
577 Mount View Road  
Thorndike, ME 04986  
Phone: 568-3426  
Fax: 568-4315

Belfast Adult Education  
6B Lions Way  
Belfast, ME 04915  
Phone: 338-3197  
Fax: 338-2960

Waldo County Technical Center  
1022 Waterville Road  
Waldo, ME 04915  
Phone: 342-5231  
Fax: 342-4070

RSU #20  
P.O. Box 363  
Belfast, ME 04915